

Kenston hails introduction of fiber optic web service

Many families in the Kenston service area have broadband DSL internet service with typical speeds of 768k while many area families must still rely on 56k dial-up internet service ("k" refers to thousands of bits (kilobits) per second data transfer). Over the past few years, Kenston has grown from a single DSL service to double 1500k + 1500k service, to 3000k + 3000k + 5000k triple lines. In February 2011, these three high speed DSL lines were replaced by a single fiber optic cable providing 20,000k bandwidth (and room for significant growth). This makes Kenston one of the first private installations of fiber optic broadband in the area.

Kenston to host AVA Forensic Tournament

The buses will not be operated and academic classes will not be in session Thu 10 Mar 2011, so that KF can host the Association of Virginia Academies (AVA) Middle School Forensic Tournament. Fifth, sixth, and seventh grade students from seven schools will compete in prose reading, poetry reading, humorous speaking, serious speaking, monologue, and spelling events. The AVA Upper School Forensic Tournament will be held at Amelia Academy on Thu 31 Mar 2011.

Kenston's SGA holds second blood drive of the year

The Student Government Association held their second blood drive of the year on Wed 23 Feb through Virginia Blood Services (VBS). Students and faculty donated several dozen lifesaving units.

Third academic quarter ends

The 3rd quarter ends Fri 11 Mar with an early release school day (1:00 p.m.). School will be closed the following week (14-18 Mar) for spring break. Report cards are scheduled to be issued Fri 25 Mar at the end of the school day.

Tornado preparedness

The 2011 Statewide Tornado Drill is set for 9:45 a.m. Tue 15 Mar 2011. Kenston will be out of school (spring break) at that time, so KF will be conducting tornado preparedness training and conduct the drill at 9:45 a.m. Fri 11 Mar 2011. Be sure to discuss tornado preparedness actions for your home and business.



KF Junior Hannah Hayes

Kenston Forest hosts VCC basketball tournament at RBC

The 2011 Virginia Commonwealth Conference (VCC) basketball tournament was held at Richard Bland College with Kenston Forest serving as the host school. On Fri 25 Feb, there were two varsity girls' semifinal games followed by two varsity boys' semifinal games. On Sat 26 Feb, the JV girls' championship game was followed by the JV boys' championship, then the varsity girls' championship, and finally the varsity boys' championship.

A huge THANK YOU goes out to all of the very dedicated volunteers who helped make the event such a smooth success. From folks who collected gate money, to folks who worked the concession stands, to folks who cooked items, and all the other fine folks who made hosting the tournament possible, your energy and support is indeed appreciated.



KF Sophomore Kimberly Brown



Get bumperstickers for all your vehicles!

Calendar update: revision to last week of school

The final day of the 2010-2011 academic year remains Fri 3 Jun 2011 but the dates for final exams have been changed back to the 3 days originally published.

Final exams will be Tue 31 May, Wed 1 Jun, and Thu 2 Jun. There will be an early release (1:00 p.m.) on those days. The final day of school, Fri 3 Jun, will also be an early release day. The date for senior commencement exercises remains Fri 3 Jun.

Bits and pieces

6-7 Mar: FCA Ski Trip
Thu 10 Mar: KF hosts AVA Forensics
Fri 11 Mar: Early release (1:00 p.m.)
Sun 13 Mar: Daylight Saving Time
14-18 Mar: CLOSED for spring break



KF Sophomore Austin Slayton



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International student profile: Dan Cai of China

Kenston is proud to have eight students studying from countries across the globe. Dan Cai is living with host Leslie Quig of Victoria.

What is your hometown? "I'm from the capital, Beijing, which has over 22 million people." *When did you first study English?* "I started to learn English at age 7." *What is your favorite subject?* "Math." *What is your favorite food?* "Cheeseburgers." *What is your favorite TV show?* "American Idol." *Who is your favorite athlete?* "Yao Ming (at 7'6", currently the tallest player in the NBA)." *Do you have any brothers or sisters?* "I have a brother (26) and a sister (24)." *What college would you like to attend?* "I would like to go to UVA." *What are your hobbies?* "I enjoy working with my laptop computer, watching movies, and using FaceBook. I love to play and watch basketball and football. I love vacationing in Hong Kong and other cities with my family. I also like to vacation in Florida and New York." *What are some of the differences between here and your home in China?* "The population of the town of Victoria is like the population of one building in China. Here, there is not a lot of traffic on the way home. Stuff here is cheaper, even though it says Made in China." *What would you like to tell us about your host mom?* "My mom works very hard all the time, and gives me everything I want. I could not ask for a better mom." *Any other comments?* "The people of the United States are very, very nice. I love Kenston. Everyone is very nice. Though it is small, I like knowing everyone."

Keep taking appropriate measures to combat colds and flu. The [Kenston News Weather Sports](http://www.kenston.org) web page has a link to the CDC Flu IQ quiz with tips.

Did you know?

Benjamin Franklin, while minister to France, first suggested the idea for Daylight Saving Time (DST) in an essay published in Paris in 1784. In 1918, to conserve war resources, the US Congress put the US on DST for the remainder of World War I. The law proved so unpopular that it was later repealed. Congress reinstated DST from 1942 to 1945, but this time it was year-round. From 1945 to 1966, there was no national DST law, so states and localities were free to observe DST or not. The Uniform Time Act of 1966 created DST to begin the last Sunday of April and end the last Sunday of October. There have been several changes since then. Beginning in 2007, DST was extended one month, beginning (for most of the US) at 2 a.m. on the second Sunday in March and lasts until 2 a.m. on the first Sunday of November.



Upcoming Girls Basketball

1 Mar: KF (V) at BSH (VISAA Tourney)

Upcoming Softball

10 Mar: KF (V) at Richmond Christian

Upcoming Baseball

10 Mar: KF (V) at Richmond Christian
21 Mar: Steward School at KF (V)

Upcoming Soccer

7 Mar: KF at Matoaca High School
9 Mar: KF at Cumberland High School

Upcoming Golf

22 Mar: Southampton at KF

Check the www.kenston.org news-weather-sports web page for times, driving directions, calendars, etc.